

The Rowan Centre

Kate Simpson and Steve Fawdry 01502 675012

Lightning Process™ Assessment Form

Name

Date

Name you wish to be called if different

Address

Post code

Tel home

Tel work or mobile

Email

Are you sure you're ready

Before completing the assessment form, please read through it first as it will help you decide if you are ready to get the most benefit from this training. The Phil Parker Lightning Process™ is a **training** programme, not a treatment or therapy. We take full responsibility for teaching and coaching to the best of our ability but then you will have to apply the techniques for yourself to get results. If you don't apply it persistently and consistently, then you may see very little benefit.

We recommend that you talk to others who have done the Lightning Process™ before taking this training. Does it sound like something that appeals to you, does it make sense to you and can you commit yourself to it fully? Please get in touch if you'd like to speak with previous participants on our LP training programme, or talk through any questions you have about it.

What we expect from you

That you are ready and committed to do the work required to get well.

What you can expect from us

We are completely committed to your success.

We won't accept anything that prevents you getting the success you deserve.

We will give you honest feedback, so do not mistake this for criticism or not caring, as feedback is an essential part of achieving success.

About you

Male or Female

Age

Date of birth

Current or previous occupation

What is your doctor's diagnosis?

List any medication that you are on

Please describe your problem or illness

(i.e. How and when did it start, what are the symptoms, what effect does it have on your life?)

Do you have any other separate illness or issue, if so describe here?

Have you spoken to someone who has used the Lightning Process™? YES / NO

What do you hope to get from doing the training?

Do you need wheelchair access to the training venue? YES / NO

Your future

When you have discovered how to get well, what do you want to do?

(Think about realistic, 'normal' achievable things that you want to do or experience)

1

2

3

4

5

6

7

8

9

10

Are you ready to be well

Do you agree with the following statements, on a scale of 1-5, where 5 is "I totally agree";

I want to be well (circle the number) 1 2 3 4 5

With appropriate training, I can learn how to be well 1 2 3 4 5

It is possible for me to be well 1 2 3 4 5

Now is an appropriate time in my life to be well 1 2 3 4 5

I am willing to do the work necessary to make positive changes to my health 1 2 3 4 5

I am willing to change negative habits and thoughts 1 2 3 4 5

Once I know how, I am then responsible for my health 1 2 3 4 5

I deserve to be well 1 2 3 4 5

To get the most benefit from the training, what do you need to do, or be?

1.

2.

3.

Are you analytical? We know it is valid in some situations to analyse and question, but what we have found during the Lightning Process™ training, is that those who spend time analysing what they are learning INSTEAD of applying the Process, hinder their own progress. You need to have done your research and questioning before the training so that you can get the most from it. If you need to know more about this please tick here so we can discuss it further.

Do you think ALL your symptoms can be cleared by using the Lightning Process™? In our experience and that of over 10,000 successful Lightning Process™ participants, a vast array of physical and mind based symptoms can be cleared by addressing the underlying cause. So please do the research on websites and/or talk to people who have done the training, to assure yourself of your own potential for success. If you would like to discuss this further please tick here.

We teach the Lightning Process™ in small groups which is of greater benefit. If you would like to discuss this further please tick here.

Are you in receipt of benefits or health insurance? (we just need to discuss how to deal with this as you recover)

YES / NO

Previous applications to other practitioners

Have you applied to take the training before? YES / NO

Which trainer did you apply to _____ and when

What has changed for you since then?

(To process your assessment form we will need to speak to them about you, so please only send in the form if you agree to this).

Training Agreement

You should only sign this assessment form if you agree to these following statements and conditions.

"I understand that the Lightning Process™ is a training programme. I understand that learning the Lightning Process in itself does not guarantee me good results, because I alone am responsible for applying or not applying it. I recognise that the mind and body can powerfully influence each other. I am prepared to look at and challenge my beliefs about my condition or illness. I am totally prepared to do the work necessary to get myself well.

I promise that during the training I will be available for coaching to achieve success, be open to feedback and change anything that my trainer identifies could hinder my success."

Training Details

The training is over 3 days in a small group. We find the group to be more beneficial in many ways and are happy to discuss this in more detail. Each day is approximately 10am-5pm.

Fees

Please select, details are available on the Lightning Process page of our website.

- Course fee £780
- Concessionary fee £395 (this is only available through prior arrangement).

Accommodation

Please tick the appropriate boxes if you would like to stay at The Rowan Centre.

I would like to stay on: Mon night Tues night Wed night Thur night

Bookings and Payment details

When we have received your assessment form, we will phone you to discuss it. When you are accepted onto the Lightning Process™ training programme we will confirm a training date with you and you then have two choices for payment. You can either send a cheque for the full amount (made payable to either Steve Fawdry or Kate Simpson, depending on who you will be training with) or use Paypal. There is a 3.4% charge for this but it enables you to spread the cost on your credit card. Please DO NOT pay until your booking has been confirmed and we send a payment request.

Cancellation

Fees cannot be refunded in the event of a last minute cancellation on your part, or a failure to complete the training. This is because we run small group trainings with limited spaces. However, should you give sufficient notice that allows us to fill your place, your fees will be refunded.

On very rare occasions unforeseen circumstances may make it necessary for us to cancel a seminar and accordingly we reserve the right to cancel a training course where appropriate. In such circumstances you will be given as much notice as possible and we will either refund your fee or, if you request, agree an alternative date with you.

We reserve the right to terminate your training if we feel your continued participation would be unhealthy or unhelpful for you or another member of the training group. Your fees will not be refunded in these circumstances.

Certificate of attendance

You can decide to have your attendance certificate logged, together with your name, certificate number and e-mail address with Lightning Process™ head office. This will ensure that it can be replaced in case of loss, help us with our research and statistics and help us to check that you have received the high standard of care we expect from members of our register. We would also like to occasionally inform you of relevant developments in the Lightning Process™ and its associated programs. **Your details will never be passed on to a third party.** If you would like this option please tick this box.

Confidentiality

The Lightning Process is a training programme, not a therapy, and there is no requirement for you to share personal information with other members of the group, but some people may choose to do so. Do you agree to maintain confidentiality with regard to personal information shared by others during the training?

Yes / No

Ownership

All documents you receive as part of your training constitute an intellectual property and are not to be reproduced, sold or distributed in any way.

Agreement

If you understand all the statements and conditions on this form and agree to adhere to them, please sign below.

Full Name

Signature

Date

This must be completed if you are under 18 years of age.

If you are under 18 please ask your parent or guardian to read through the form and if they also agree to the terms and conditions, ask them to sign it.

Full Name

Signature

Relationship to applicant

Date

Address and phone no. if different

Please send to;

The Rowan Centre, North Hall, Beccles Rd, Wrentham, Suffolk, NR34 7NP.

01502 675012

It may take up to a week to process your form. We will phone or email you to make an appointment to talk it through. If you want to know if your assessment form has arrived safely, please email or phone to check.

How did you hear about the Lightning Process?

How did you hear about us?

Thanks for the time you have spent supplying all this information.

